

# DBT Group Intake Information

## A. Identification:

1. Name: \_\_\_\_\_ Birthdate: \_\_\_\_\_  
Address: \_\_\_\_\_  
Phone: \_\_\_\_\_ Email: \_\_\_\_\_  
Person(s) completing this form: \_\_\_\_\_ Today's date: \_\_\_\_\_

## B. Payment Information:

Person responsible for Payment: \_\_\_\_\_ Birthdate: \_\_\_\_\_  
Address: \_\_\_\_\_  
Phone: \_\_\_\_\_ Email: \_\_\_\_\_  
Primary Insurance Carrier: \_\_\_\_\_ Policy: \_\_\_\_\_  
Name of subscriber: \_\_\_\_\_  
Identification/agreement/policy #: \_\_\_\_\_ Group or enrollment #: \_\_\_\_\_  
Effective date: \_\_\_\_\_ Copayment or coinsurance for group psychotherapy: \_\_\_\_\_

## C. Chief concern

1. Please describe the main concern you are hoping the group will help with addressing:

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2. How long have you been worried about this concern? \_\_\_\_\_

3. What would be the primary goal? \_\_\_\_\_

## C. Religious and racial/ethnic identification

Current religious denomination/affiliation  Protestant  Catholic  Jewish  Islamic  Buddhist  Hindu

Other (specify): \_\_\_\_\_

Involvement:  None  Some/irregular  Active

How important are spiritual concerns in your life?

Which (if any) church, synagogue, temple, or meeting are you involved with? \_\_\_\_\_

Ethnicity/national origin: \_\_\_\_\_ Race: \_\_\_\_\_ or other similar ways you identify yourself and consider important: \_\_\_\_\_

**D. Health**

1. Current Physician: \_\_\_\_\_ Telephone: \_\_\_\_\_

Address: \_\_\_\_\_

2. Current Therapist : \_\_\_\_\_ Telephone: \_\_\_\_\_

Address: \_\_\_\_\_

Diagnosis: \_\_\_\_\_

3. Past/ Current Medications

Medication	Dosage	Still taking the medication?	Reason

**E. Drugs/Alcohol**

Does the person attending the group use drugs or alcohol?  Yes  No

If yes, explain usage, length of time and drug(s) of choice:

**F. Other**

Is there anything else I should know that does not appear on this or other forms, but that is or might be important?

\_\_\_\_\_  
\_\_\_\_\_

**J. Emergency information**

If some kind of emergency arises and I cannot reach you directly, or need to reach someone close to you, whom should I call?

Name: \_\_\_\_\_ Phone: \_\_\_\_\_ Relationship: \_\_\_\_\_

Address: \_\_\_\_\_

*This is a strictly confidential patient medical record. Redisclosure or transfer is expressly prohibited by law.*

**To be filled out by the person attending the group**

Name \_\_\_\_\_

Where do you currently attend school? \_\_\_\_\_ Grade \_\_\_\_\_

What do you enjoy doing after school and on weekends?

Have you ever attended a group counseling session before?                      Yes                      No

If yes, how would you rate your experience? (please circle)  
Very Good              Good              Undecided              Bad              Very Bad

Do you want to attend this group?              Yes              No

What would you like to learn from this group?

Do you have any concerns that you would like us to know?